

PHP Schedule

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00-10:30	Goals/Meditation/ Reflections	Goals/Meditation/ Reflections	Goals/Meditation/ Reflections	Goals/Meditation/ Reflections	Goals/Meditation/ Reflections	Goals/Meditation/ Reflections
10:30-10:45	Break	Break	Break	Break	Break	Break
10:45-12:00	Psychoeducational Group	Psychoeducational Group	Psychoeducational Group	Psychoeducational Group	Community Share	Expressive Therapy
12:00- 1:00pm	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:00-2:15	Phase 1	Phase 1	Phase 1	Phase 1	Phase 1	Recreational Activity
1:00-2:15	Phase 2	Phase 2	Phase 2	Phase 2	Phase 2	Recreational Activity
2:15-2:30	Break	Break	Break	Break	Break	Break
2:30-4:00	Phase 1	Phase 1	Phase 1	Phase 1	Phase 1	Recreational Activity
2:30-4:00	Theraputic Assianment Group	Theraputic Assianment Group	Theraputic Assianment Group	Theraputic Assianment Group	Theraputic Assignment Group	Recreational Activity